



# Protect your vision with a retinal screening

Retinal screening uses advanced imaging technology to capture detailed pictures of the back of your eye – the retina. These images can give your eye care provider a clearer view of your eye health and may help identify changes that are not visible during a standard eye exam.

## Why is retinal screening important?

Your retina can reveal more than just eye health. This screening may help:

- **Detect eye conditions early:** Glaucoma, macular degeneration and diabetic retinopathy often develop without noticeable symptoms
- **Support timely diagnosis:** Early detection gives you more options for managing your eye health
- **Monitor overall health:** Your retina can reveal signs of systemic conditions such as diabetes and high blood pressure

## What to expect during a retinal screening

A specialized camera takes high-resolution images of your retina. The process usually takes just a few minutes and often does not require dilating eye drops. The camera does not touch your eye – you simply look into the device while the images are captured. The images can then be stored digitally, creating a baseline for future comparisons.

Retinal screening can be an important part of maintaining healthy vision and may help your eye care provider monitor changes over time.

## Who should get a retinal screening?

This test is often recommended for:

- Adults with diabetes or high blood pressure
- Anyone over age 40
- Those with a family history of eye disease
- Anyone who wants a more complete picture of their eye health

**Visit [myuhcvision.com](https://myuhcvision.com) to confirm your coverage and schedule your retinal screening today**

**United  
Healthcare**

The company does not discriminate on the basis of race, color, national origin, sex, age or disability in health programs and activities.

We provide free services to help you communicate with us, such as letters in other languages or large print. Or, you can ask for an interpreter. To ask for help, please call the number listed on your ID card.

ATENCIÓN: Si habla español (Spanish), hay de asistencia de idiomas, sin cargo, a su disposición. Llame al número de teléfono gratuito que aparece en su tarjeta de identificación.

請注意：如果您說中文 (Chinese)，我們免費為您提供語言協助服務。請撥打會員卡所列的免付費會員電話號碼。

All trademarks are the property of their respective owners.

UnitedHealthcare vision coverage provided by or through UnitedHealthcare Insurance Company, located in Hartford, Connecticut, UnitedHealthcare Insurance Company of New York, located in Islandia, New York, or their affiliates. The contracting entity for UnitedHealthcare Vision Network is Spectera, Inc. Administrative services provided by Spectera, Inc., United HealthCare Services Inc. or their affiliates. Plans sold in Texas use policy form number VPOL.06.TX or VPOL.13.TX and associated COC form number VCOC.INT.06.TX or VCOC.CER.13.TX. Plans sold in Virginia use policy form number VPOL.06.VA or VPOL.13.VA and associated COC form number VCOC.INT.06.VA or VCOC.CER.13.VA. This policy has exclusions, limitations and terms under which the policy may be continued in force or discontinued. For costs and complete details of coverage, contact UnitedHealthcare Insurance Company.

B2C 01/26 © 2026 United HealthCare Services, Inc. All Rights Reserved.