Protect your vision with a retinal screening

Retinal screening uses advanced imaging technology to capture detailed pictures of the back of your eye — the retina. These images can give your eye care provider a clearer view of your eye health and may help identify changes that are not visible during a standard eye exam.

Why is retinal screening important?

Your retina can reveal more than just eye health. This screening may help:

- **Detect eye conditions early:** Glaucoma, macular degeneration and diabetic retinopathy often develop without noticeable symptoms
- **Support timely diagnosis:** Early detection gives you more options for managing your eye health
- **Monitor overall health:** Your retina can reveal signs of systemic conditions such as diabetes and high blood pressure

What to expect during a retinal screening

A specialized camera takes high-resolution images of your retina. The process usually takes just a few minutes and often does not require dilating eye drops. The camera does not touch your eye — you simply look into the device while the images are captured. The images can then be stored digitally, creating a baseline for future comparisons.

Retinal screening can be an important part of maintaining healthy vision and may help your eye care provider monitor changes over time.

Who should get a retinal screening?

This test is often recommended for:

- Adults with diabetes or high blood pressure
- Anyone over age 40
- Those with a family history of eye disease
- Anyone who wants a more complete picture of their eye health

Visit **myuhcvision.com** to confirm your coverage and schedule your retinal screening today

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